



KENYA ASSOCIATION of PHYSICIANS

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21st November 2011

PRESS RELEASE

RE: KENYA ASSOCIATION of PHYSICIANS HEALTH EXPO: MEET THE SPECIALISTS-KNOW YOUR HEALTH.

DATE: FRIDAY 25TH NOVEMBER FROM 8 AM TO 5 PM

VENUE: KICC- ABERDARE HALL

There is often a distance between Medical specialists and the public. The two only meet when illness crops in.

Members of the KENYA ASSOCIATION of PHYSICIANS (KAP) have decided to bridge this gap.

KENYA ASSOCIATION of PHYSICIANS has organized a Health Expo; where there will be several booths with different sub-specialist (Cardiologists, Chest specialists, Rheumatologists, Kidney specialists, Gastro-enterologists, Rheumatologists, Neurologists, Physiotherapists, Speech therapists, Cancer specialists, Diabetes experts and Nutritionists) in attendance to engage with the public and give health information on common ailments in our set up.

These include:

- Stroke
- HIV/AIDS
- Headaches
- Kidney diseases
- Common cancers
- Diabetes mellitus
- Nutrition and Health
- Heart/blood vessels diseases
- Common chest infections

- Diseases of joints and bones
- Mental health/Mental illness
- Rehabilitation/ Speech Therapy.

The intention is to interact with the public and give information on:

- How to prevent some of these diseases setting in
- Early identification of symptoms and signs of these diseases
- Significance of prompt medical attention.

The old adage; “**Prevention is better than Cure**” is what we want to preach.

A booklet will be provided. It contains some basic information on some of the common diseases we encounter in our set-up. The booklet contains information on how to **prevent** some of the common diseases we see in our environment. It also contains information on early symptoms and signs of some of these common diseases.

There will also be short-video-clip presentations by different sub-specialist physicians, detailing information on some of the common diseases we see locally.

Our observation has been that patients present very late, when diseases are far too advanced.

We hope that this kind of information would empower the public to seek medical attention early.

KENYA ASSOCIATION of PHYSICIANS invites members of the public to come in large numbers and benefit from this novel venture. We need a healthy nation of Kenyans.

Gratitude goes to all KAP members who have been working tirelessly to make this Event a reality.



J.O.JOWI

NATIONAL CHAIRMAN

KENYA ASSOCIATION of PHYSICIANS

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